



Appendix 9

Board of County Commissioners, Broward County, Florida

**HUMAN SERVICES DEPARTMENT**

Community Partnerships Division  
Child Care Licensing and Enforcement Section

**ALTERNATE NUTRITION PLAN**

Name of Facility/Home: Parkridge Christian Academy

Date: \_\_\_\_\_

Address: 5600 Coral Ridge Dr. Coral Springs, Florida, 33076

Dear Parent,

In accordance with the Broward County Child Care Ordinance/Family Child Care Ordinance, parents, and the child care facility/home are urged to work cooperatively to assure that children are provided with nutritious snacks and meals where lunches are not provided by the facility/home.

Please read the following carefully, sign, and return as soon as possible to Parkridge Christian Academy  
Facility's name

The facility/home agrees to provide a nutritious:  
(Operator/Director checks those which apply)

- \_\_\_\_\_ breakfast
- \_\_\_\_\_ mid-morning snack
- \_\_\_\_\_ mid-afternoon snack
- \_\_\_\_\_ evening snack
- \_\_\_\_\_  no meals or snacks

The parent agrees to provide a nutritious:  
(Parent check those which apply)

- \_\_\_\_\_ mid-morning snack
- \_\_\_\_\_ lunch
- \_\_\_\_\_ mid-afternoon snack
- \_\_\_\_\_ supper

I have read the preceding and agree to meet the child's nutritional needs as defined above.

\_\_\_\_\_  
Operator/Director Signature

\_\_\_\_\_  
Print child's Name

\_\_\_\_\_  
Parent Signature

Parent – please tear and keep this portion.

Meals provided by parents shall consist of the following:

- A. Meat/Poultry/Fish or cheese 2 ounces  
or eggs 2 ounces 1 egg  
or peanut butter 4 tablespoons  
or dried beans and peas ½ cup
- B. Fruits (2 or more) ½ cup  
or vegetables ½ cup  
or fruits and vegetables ¾ cup total amount and  
Vegetables must equal ¾ cup
- C. Bread 1 slice
- D. Butter 1 teaspoon
- E. Milk 1 cup – 8 oz.